



**VIVEK HIGH SCHOOL,
SECTOR 70, MOHALI**

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CBSE Affiliation Number - 1630713 (Affiliated upto 31/03/2025)

ANNUAL REPORT 2023-24

The annual school report is a reflection of our achievements, endeavours, aspirations and activities of the past one year.

MISSION AND VISION

Vivek High School endeavours to create a community of 21st Century Learners through a nurturing, stimulating and holistic learning environment, where students are encouraged to develop open mindedness, a spirit of inquiry, creative and critical thinking skills, self and social responsibility. The school collaborates with the community to instil in the students, generosity of spirit and integrity in thought, word and action. At Vivek to be truly educated is to have a deeper understanding of ourselves and of the world around us.

THE PRINCIPAL

Reflecting upon the preceding year provides us with a profound sense of achievement and fosters a collective connection through the sharing of enriching experiences. I sincerely believe that our most remarkable accomplishments can only be attained when we unite and collaborate. We eagerly look forward to the possibilities the coming year holds. The results of 2023-24 are validation of the commitment levels of Vivek staff and efforts put in by the students. The guiding lights of knowledge and integrity continue to encourage all us Vivekites to be the best version of ourself.

-Mrs. Harbina Randhawa

This is where the children start their journey with Vivek High! An 'Environment' that offers every child the opportunity to have the experiences required for education in the true sense.

OUR MONTESSORI WORLD

The Montessori Education Program

Vivek High School was the pioneer school in the Tricity to introduce the Montessori curriculum under the guidance of their Director, Ms. Meenu Sahi, in the year 2014.

“A child can only acquire the words he hears spoken around him. This is not teaching but absorption. The child is, by nature, hungry for words; he loves strange, long words like the names of dinosaurs and constellations. He takes in all these words without understanding their meaning, as his mind is still taking language in by a process of unconscious absorption.” - Maria Montessori (The 1946 London Lectures, pg. 148)

The Montessori curriculum ensures that most of the learning activities are individualised: i.e., each child engages in a learning task that particularly appeals to them because, they find the activities geared to their needs and level of readiness. Consequently, they work at their own rate, repeating the task as often as they like, thus experiencing a series of successful achievements. In this manner, they build a positive attitude toward learning itself.

Celebrations and Activities

Celebrations at Vivek High School foster a deep appreciation for each other's traditions and cultures, promoting understanding and respect. They provide a valuable opportunity to explore India's rich heritage and learn about the significance of different festivals while instilling moral values. Our educational system prioritises ethical development, aiming to empower students to become responsible citizens through the right platform for growth.

The special assemblies, events and celebrations conducted in Montessori were:

Toddlers and Montessori Environments:

- Montessori Environment Language Workshop for Parents
- **Special Assembly:**
 - ❖ Christmas Assembly
 - ❖ Spring Season Assembly
- **Celebrations:**
 - ❖ Farm on Wheels
 - ❖ Baisakhi
 - ❖ Dusshera
 - ❖ Mother's Day
 - ❖ Ganesh Chaturthi & Sthapna
 - ❖ Grandparents Day Celebrations
 - ❖ Teej Celebrations
 - ❖ Christmas Celebrations
 - ❖ Janamasthami Celebrations
 - ❖ Thank you day
 - ❖ Graduation Day
 - ❖ Children's day
 - ❖ Navratri Pooja
- **Events**
 - ❖ Cooking without fire - Toddlers
 - ❖ Montessori Annual Presentation - Hi - Five
 - ❖ Sports Day
 - ❖ Puppet show
- **Outdoor visit**
 - ❖ Visit to religious places
 - ❖ Visit to Reliance Super Market, Mohali
 - ❖ Sea World Carnival, Chandigarh
 - ❖ Visit to Dominos, Mohali

Montessori Lower Elementary:

- **Counsellor Awareness talk** - Good Touch, Bad Touch
- **Special and Thematic Assembly:**
 - ❖ Earth Day Assembly
 - ❖ Independence Day Assembly
 - ❖ Diwali Assembly
 - ❖ Gurpurab Assembly
 - ❖ Thrill with the Rill (Thematic)

- **Celebrations:**
 - ❖ Farm on Wheels
 - ❖ Children's day
 - ❖ Independence Day
 - ❖ Group Singing Session
 - ❖ Pretend Play (Mont. Lower Elementary-I, II)
 - ❖ Hindi Poetry Recitation (Mont. Lower Elementary -I, II, III)
 - ❖ Story Telling Competition (Mont. Lower Elementary -I, II, III)
 - ❖ Show and Tell - My Treasure Trove (Mont. Lower Elementary-I, II)
 - ❖ Science Exhibition (Mont. Lower Elementary -I, II, III)
 - ❖ Rangoli Competition (Mont. Lower Elementary -I, II, III)
 - ❖ Poster Making Competition (Mont. Lower Elementary -I, II, III)
 - ❖ Skating Competition (Mont. Lower Elementary -I, II, III)
 - ❖ Children's Day carnival
 - ❖ Graduation Day
- **Events**
 - ❖ Annual Athletic Meet
 - ❖ Field Display
 - ❖ Junior Wing Basket Ball League
 - ❖ Sleepover (Mont. Elementary-III)
 - ❖ Lit Fest (Mont. Elementary-III)
- **Outdoor visit**
 - ❖ Special screening - Bus No. 7, VHS, Chandigarh
 - ❖ Sea World Carnival, Chandigarh
 - ❖ The Government Museum and Art Gallery, Sector 10, Chandigarh
 - ❖ Visit to Recycling plant, Vivek High School Mohali
 - ❖ Visit to a Bank (ICICI bank sector -70 Mohali)
 - ❖ Visit to Butterfly Park
 - ❖ Visit to Vatika Special School, Sec 19, Chandigarh

Montessori Upper Elementary:

- **Inter House and Other Competitions:**
 - ❖ English Spell Bee Competition
 - ❖ Art Competition
 - ❖ English Poetry Competition
 - ❖ Punjabi Recitation competition
 - ❖ Scavenger Hunt
 - ❖ Declamation Contest - Social Science
 - ❖ Shloka Recitation Competition
 - ❖ Art Competition (Paper Bead Necklace Making)
 - ❖ Hindi Declamation Competition
 - ❖ Science Quiz Competition - Trivia Times
- **Events**
 - ❖ Basket Ball League
 - ❖ Scholar badge ceremony
 - ❖ Annual Athletic Meet
 - ❖ Field Display
 - ❖ Lit Fest - Authors interacted with students. (IV-VI)

- **Thematic Assembly:**
 - ❖ An Expedition into Ancient Civilisation
 - ❖ Safar-E-Shahadat
 - ❖ Graduation Day
 - **Outdoor visit:**
 - ❖ Visit to Verka Milk Plant
 - ❖ Visit to Village Gobindgarh
 - ❖ Visit to Indian Airforce Heritage Museum
 - ❖ Visit to Blind School
 - ❖ Visit to National Agri-Food Biotechnology Institute (NABI)
 - **Enrichment Workshop - Adolescence Workshop**
 - **Inter school Competitions:**
 - ❖ अन्तर्विद्यालय हंसी की फुलकारी कविता प्रतियोगिता
 - ❖ Code Hack-Strawberry Field
 - ❖ Inter School Technothon Competition
- And the journey continues!**

SENIOR WING (VII - X): The overarching aim is to nurture well-rounded individuals through a balanced blend of academic rigor and co-curricular engagement. Highlights of the session include:

- **Assembly:**
 - ❖ Award ceremony
 - ❖ Baisakhi
 - ❖ Teachers' Day
 - ❖ Felicitation- Khed Watan
 - ❖ Independence Day
 - ❖ Information about Chandrayaan
 - ❖ Children's Day
 - ❖ Shahidi Diwas
 - ❖ German Assembly-Christmas
 - ❖ Republic Day
 - ❖ Thanksgiving
- **Events**
 - ❖ Orientation for classes VII- X
 - ❖ Path & Langar
 - ❖ Cross Country - Mini Marathon
 - ❖ EVAM
 - ❖ Annual Athletic Meet
 - ❖ Annual Field Display
 - ❖ Open Day
 - ❖ SW Basketball League
 - ❖ Bhagwant Singh Memorial Basketball Trophy
 - ❖ Annual Athletic Meet (AAM) and Field Display
 - ❖ Founder's Day - Play Laung Da Lishkara
 - ❖ Funky Rainbow- Lit Fest (VII-X)
 - ❖ Open Day - For non-performing clubs
 - ❖ Investiture Ceremony
 - ❖ Tilak Ceremony
 - ❖ Farewell to Class X

- **Outdoor visits**
 - ❖ Air Force Station, Ambala
 - ❖ Photowalk-Kalibadi
 - ❖ Tours and Treks-Pepturf
 - ❖ Photowalk-Kumhar Colony
 - ❖ Verka Field Trip
 - ❖ Sewage Treatment Plant
 - ❖ Food Corporation of India

- **Inter House Competitions :**
 - ❖ Art and Computer -Express With Bytes
 - ❖ Inter House Punjabi Slogan Writing and Poster Making
 - ❖ Hindi Poetry Recitation
 - ❖ Hindi Doha and Bhajan Gayan Music Competition
 - ❖ Hindi Spell Bee Competition
 - ❖ Social Science Role Play
 - ❖ Punjabi Dictation and Calligraphy
 - ❖ Punglish-English and Punjabi Extempore
 - ❖ Rangoli Making
 - ❖ Social Science- Book Cover Making
 - ❖ English Speech Competition-Navigating Life's Contrast
 - ❖ English Story Narration-Grandma's Tales
 - ❖ German Spell Bee
 - ❖ Maths and Science Runway-Creative Array of Logic and Petals

- **Inter School Competitions:**

Interschool competitions provide a platform for children to showcase their talents, skills, and abilities. These contests allow students to develop and use their skills in a variety of areas, including academics, athletics, debate, music, art, and others. Participating in inter-school competitions promotes personal growth and development. It allows students to break their comfort zones and face challenges. They learn to manage emotions, handle pressure, and overcome obstacles, which are valuable life skills applicable beyond the competition itself. With this aim, the students participated in various inter school competitions and brought laurels to the school.

- ❖ Nibhandh lekhan
- ❖ Tech-Nerd Inter School Competition
- ❖ Symposium on Sharing Perspectives on Motherhood (Online)
- ❖ Smart India Hackathon 2023
- ❖ Vidya Parvati Memorial Inter School Competition
- ❖ India Calling (MRIS)
- ❖ Computer Carnival '23
- ❖ Swaraanjali
- ❖ SWS Confluence 2023
- ❖ Twirls of Freedom
- ❖ C.O.D.E HACK 4.0
- ❖ The Entrepreneurial Edge Programme
- ❖ HCL - Jigsaw - a-PAN India Competition
- ❖ Samidhi 5.0 - The Legal Conclave 2023
- ❖ GGS Leadership Conclave
- ❖ TSMUN 2023

- ❖ Model United Nations Conference & Policy Contention 2023
- ❖ Kavita Gayak Pratyogita
- ❖ Annual Vivek High Inter School English Debate & Public Speaking Competition & Business Conclave 2023
- ❖ Annual German Teachers' Conference 2023 CDLT 2023
- ❖ The Shark Tank Showdown
- ❖ VHS Chandigarh 3rd Inter School Science Event
- ❖ Techfest 2023
- ❖ All India Asteroid Search Campaign 2023
- ❖ The Idea of Democracy: Chapter 3
- ❖ Spellathon 2023-24
- ❖ Comedy with a cause competition Edition 2.0
- ❖ Sahayata
- ❖ On the spot painting competition
- ❖ Uday Singh Memorial Debate Competition
- ❖ Inter School Photography Competition
- ❖ Elysian 2023 - Inter School Competition
- ❖ Technothon 2023

CRITICAL THINKING AND EXPERIENTIAL LEARNING PROGRAM: Academic plans are made after thoughtfully scaffolding the curriculum and age and class specific learning outcomes are identified. Developing Higher Order thinking skills and encourage 'Learning by doing' is the main essence of the Academic plans for all Classes from VI-X.

IAYP

The International Award for Young People (IAYP) is a renowned self-development program for individuals aged 14 to 25, offering a diverse range of experiences aimed at fostering new skills, facing challenges, forging friendships, and embracing different cultures globally. With its presence in over 140 countries and over 8 million participants worldwide, it equips young people with essential life skills and builds confidence through non-competitive, voluntary engagement in activities tailored to their interests and schedule. The program operates on fundamental principles of individual improvement, freedom of choice, and inclusivity, with participants progressing through three levels: Bronze, Silver, and Gold. In the 2023-24 session, 40 students enrolled at the Bronze Level, exemplifying the program's impact and reach.

Our Award leaders, Mrs. Urvashi Gupta Kanwar and Ms. Dilshan Dhillon attended an Award Leader Face to Face National Training Workshop organised by National Award Authority on 7th - 8th July 2023 at India Habitat Centre, New Delhi

As an Award Leader, Mrs. Urvashi Gupta Kanwar was awarded the prestigious "Special Service Meritorious Certificate" for her work towards International Award for Young People at India International Centre, New Delhi on 27th March 2024.

tGELF

The Global Education & Leadership Foundation (tGELF) is dedicated to groom the next generation of leaders to become ethical global citizens and entrepreneurs, equipped to tackle the world's most pressing challenges. tGELF is committed to identifying and nurturing innovative leaders with strong values, helping them reach their full potential.

Harmony is a unique school level international youth conference held annually by The Global Education & Leadership Foundation, which brings together school students from India and

overseas with the objective of searching for ethical, action-oriented leadership talent. It aims at providing growth opportunities to the youth of today along with providing them a platform to discover themselves.

This youth conference is a mélange of activities, workshops and competitions, open to students from Grades 6-12 for all the member schools in India and overseas. Harmony National Finale of Youth Leader Competition, Youth Entrepreneur Company of the Year Competition, the Reel to Real, the movie making competition and Magic with Colours: Art for Voice Competition is held online/offline. Last year the finale was held in Gurugram.

Our school has reached the National Final stage of the tGELF annual youth fest, Harmony in 2023, in two categories:

1. Magic with Colours competition:

Aahana Kamboj, currently in 8th grade, represented our school at the national finals.

2. tGELF/JA India LEAD Company of the Year Competition (COYC):

Our school team, comprising four 10th-grade students last year -

EXTRA-ACADEMIC PROGRAMMES

THEMATIC ASSEMBLIES: Thematic assemblies play a crucial role in fostering a sense of community, instilling values, and enhancing the educational experience within schools. These gatherings provide a platform for students, teachers, and staff to come together, celebrate achievements, reflect on important topics, and build a cohesive school culture. Thematic assemblies provide an opportunity to reinforce core values and promote character development among students. Through carefully curated themes and presentations, schools can impart important lessons about integrity, empathy, responsibility, and other essential virtues. Participation in thematic assemblies offers students opportunities to develop essential skills such as public speaking, leadership, and collaboration.

As our schools continue to prioritize holistic education, thematic assemblies remain an indispensable component of the educational landscape.

- ❖ The topics and the themes of Special Assemblies were as follows:
- ❖ Introduction of New Council (30 January,2023)
- ❖ Scholar Badge Students Felicitated (26 April,2023)
- ❖ Independence Day (19 August,2023)
- ❖ Teachers Day Assembly (5 September,2023)
- ❖ Children's Day (9 November,2023)
- ❖ Republic Day (25 January,2023)
- ❖ Award Ceremony for Academic Achievers and Value Awards (26 April,2023)

MUN:

The Model United Nations is a series of programs run throughout the country and the world with the goals of furthering understanding about the United Nations, educating participants about world issues and promoting peace and the work of the United Nations through cooperation and diplomacy. Participating in a MUN helps students develop leadership skills, research, writing, public speaking, and problem-solving skills. MUN simulations are popular exercises for those

interested in learning more about the UN. Our students' prowess in oration, confidence and verbal acumen made them perform really well. The young orators from Vivek High School participated in different MUNs and brought laurels to our school.

1) The Shemrock School Mohali Model United Nations held from May 20-21, 2023 (TSMUN'23)

- Sanskar Sinha of VIII-C, won Special Mention Award.
- Prisha Garg of VIII-C, won Verbal Mention.

2) Strawberry Fields High School Model United Nation Conference and Policy Contention (SFHS MUN) 2023 held from July 21-23, 2023.

- Divyam Bansal of IX-C, won the Special mention award.

3) Learning Paths School Model United Nation Conference (LPS MUN 2024) held from 27 January 2024 to 28 January 2024.

- Taran Sharma won the Special Mention Award.

4) Sacred Heart School Model United Nation Conference (SHS MUN 2023) held from 14 October 2023 to 15 October 2023.

- Kulraj Singh of X-C, won the Special Mention Award & 1st position in Aspirant Learning Quiz.
- Prisha Gupta of X-B, won the Best Delegate Award.
- Manvita Kaur Mahal & Prisha Garg of VIII-C, won the High Recommendation Award.

SWACHH BHARAT:

With the aim to contribute towards the goal of Swachh Bharat and its motto "Ek Kadam Swachhata Ki Aur", the school continued with the Swachh Vidyalaya Trophy in the session 2023-24. This trophy was introduced a few years ago. The aim of awarding the Swachh Vidyalaya trophy is to keep the school and classes clean and hygienic and also ensure that the classrooms have a proper layout - the desks, chairs and the bags are kept properly and in an orderly manner in the classrooms. The Protocol Captains assist the teachers in awarding points to each class according to the criteria for judgement. The captains take a round and visit each class from Classes VII to X during the break on all working days and award marks on a judgement sheet prepared by the teacher in charge. The judgement sheet is updated fortnightly and the class which scores the maximum points get the Swachh Trophy at the end of the month. The Class which is awarded the trophy keeps it for a month and then passes it to the class which wins the trophy in the next month and so on. The Class Teacher of the particular class along with two representatives receives the trophy in the assembly.

EXTRA MARKS

Vivek High School is proudly empowered with extra marks Digital Learning Solutions. Our e-learning partner offers all concepts prescribed by the CBSE in an engaging and interactive manner. Its unique pedagogy ensures concept clarity and application of theoretical concepts in real life based situations for students. They have given us free exam resources as a pilot project.

TRINITY

Vivek High School, Mohali has integrated the Trinity College London Examination & Certification in Speech & Drama and Communication Skills into the curriculum to develop a range of transferable 21st-century skills that positively impact both education and the workplace. Our trained educators aid and guide the Trinity participants throughout the process, enhancing their verbal

skills. As a result, participants have shown visible signs of increased confidence and readiness to tackle future challenges head-on in a fast-paced world.

An impressive 92.3% of the students achieved Distinction in the exam, while the remaining students achieved Merit. The Trinity examiner, was very impressed with the students' performances and commended the hard work put in by the educators to ensure the high level of accomplishment displayed by the students.

TRIPS AND VISITS

Tours and treks offer students a break from books and a chance to experience the world firsthand. These trips bring classroom subjects to life. They also help students develop important life skills like teamwork, problem-solving, and independence. These memories can spark a lifelong love of learning and a deeper appreciation for the world's diversity. Keeping this in mind the tour and trek was organised for various classes.

- **Students of classes IV, V and VI went to Delhi**
- **Students of classes VII - X - went to Gaj Retreat, Mansowal (Punjab).**

ACHIEVERS

Class X Toppers

Out of 69 students 15 students have scored above 90%. 5 students have got 95% above. Riddhima Bansal and Phalgun Hansrao topped the school by scoring 96.6%.

Following students scored perfect 100 ...

- Aditya Sood in Maths
- Seher Nayar in English
- Tanishq Singh in Maths and English

AWARDEES (2023-24)

- ❖ 63 students from classes IV - X received **scholar badges**.
- ❖ 15 students (IV-X) got certificates for **100% attendance**.
- ❖ 49 students (IV-X) received **value awards (Compassion, Politeness and Honesty)**
- ❖ Manreet Kaur of class V-Canyon received the **Principal's outstanding trophy** for the year 2023-24.

SCHOLAR BLAZER AWARDEES:

S.No	Name	Class
1	Seerat Khurl	Montessori Upper Elementary Class VI-Ridge
2	Shubhra Prasher	Montessori Upper Elementary Class VI-Isthmus
3	Veerpratap Singh Boparai	Montessori Upper Elementary Class VI-Delta
4	Harbaan Singh	VII-C
5	Naviashikha	IX-A
6	Vivaan Bhasin	IX-A
7	Divyam Bansal	IX-C
8	Mansimar Kaur	IX-C

SPORTS BLAZER 2023-24:

S.No	Name	Class
1	Ansh Rawat	VII-A
2	Japsidak Singh Grewal	VII-A
3	Bikram Pratap Grewal	VII-B
4	Gurnoor	VII-B
5	Japnit Charaya	VII-B
6	Lakshya Mittal	VIII-A
7	Bisman Kaur Gill	VIII-B
8	Japji Kaur	VIII-B
9	Japjit Singh	VIII-C
10	Ojas Singla	IX-A
11	Armaan Singh Bajwa	IX-B
12	Divyam Bansal	IX-C
13	Taranpreet Kaur Hundal	IX-C
14	Jairaj Singh Mann	X-A
15	Pranay Sinha	X-B
16	Anhad Singh Bhatti	X-C
17	Kyra Ghuman	X-C
18	Phalgun Hansrao	X-C
19	Ranveer Partap Singh	X-C
20	Raghav Saini	X-C

SCHOLAR BADGE AWARDEES 2023-24:

S.No	Name	Class
1	Jenisha Goyal	Montessori Upper Elementary-(Class IV)- Delta
2	Saksham Bhola	Montessori Upper Elementary-(Class IV)- Delta
3	Pravit Mehta	Montessori Upper Elementary-(Class IV)- Delta
4	Rehmat Kaur	Montessori Upper Elementary-(Class IV)- Delta
5	Surveen Kaur	Montessori Upper Elementary-(Class IV)- Cavern
6	Anahat Kaur Bhatti	Montessori Upper Elementary-(Class IV)- Isthmus
7	Jai Pratap Singh Ghuman	Montessori Upper Elementary-(Class IV)- Dune
8	Simarjot Kaur	Montessori Upper Elementary-(Class IV)- Dune
9	Jaiveen Kaur Sohi	Montessori Upper Elementary-(Class IV)- Dune
10	Mehreen Kaur	Montessori Upper Elementary-(Class IV)- Dome
11	Gursahib Singh	Montessori Upper Elementary-(Class V)- Canyon
12	Anhadveer Singh	Montessori Upper Elementary-(Class V)- Isthmus
13	Osheen Verma	Montessori Upper Elementary-(Class V)- Peninsula
14	Jaibaan Singh	Montessori Upper Elementary-(Class V)- Delta
15	Aarna Mahajan	Montessori Upper Elementary-(Class V)- Cavern

16	Purnima Sharma	Montessori Upper Elementary-(Class V)- Oasis
17	Nandini Dhial	Montessori Upper Elementary-(Class V)- Dome
18	Ranbeer Singh	Montessori Upper Elementary-(Class V)- Dune
19	Tanush Dhingra	Montessori Upper Elementary-(Class V)- Dune
20	Vansh Vinod Bither	Montessori Upper Elementary-(Class V)- Cliff
21	Araiyna Batra	Montessori Upper Elementary-(Class V)- Plateau
22	Jaina	Montessori Upper Elementary-(Class V)- Peninsula
23	Grisha Gudwani	Montessori Upper Elementary-(Class V)- Dome
24	Jivin Sharma	Montessori Upper Elementary-(Class V)- Delta
25	Xyrah Kamboj	Montessori Upper Elementary-(Class V)- Plateau
26	Haneesha Premi	Montessori Upper Elementary-(Class V)- Ridge
27	Ayati Kandpal	Montessori Upper Elementary-(Class V)- Cliff
28	Vihaan Sachdeva	Montessori Upper Elementary-(Class V)- Peninsula
29	Seerat Khurl	Montessori Upper Elementary-(Class VI)- Ridge
30	Shubhra Prasher	Montessori Upper Elementary-(Class VI)- Isthmus
31	Veerpratap Singh Boparai	Montessori Upper Elementary-(Class VI)- Delta
32	Eknoor Singh Laungia	Montessori Upper Elementary-(Class VI)- Cavern
33	Aarna Parashar	Montessori Upper Elementary-(Class VI)- Cavern
34	Rishaan Gupta	Montessori Upper Elementary-(Class VI)- Peninsula
35	Kabir Singh Brar	Montessori Upper Elementary-(Class VI)- Dune
36	Anayat Singla	Montessori Upper Elementary-(Class VI)- Canyon
37	Manya Bansal	VII-A
38	Manrab Singh Dhawan	VII-A
39	Shaurya Pratap Sood	VII-A
40	Tushita Srivastava	VII-A
41	Kanan Singla	VII-B
42	Harbaan Singh	VII-C
43	Vinavjot Singh	VII-D
44	Gurnoor Singh	VII-D
45	Agrim Kalra	VII-D
46	Parneet Kaur	VIII-A
47	Satvik Mohit Malhotra	VIII-A
48	Aneekah Rajput	VIII-A
49	Navna Vasisht	VIII-A
50	Aarya Abhishek Sharma	VIII-B
51	Kiyansh Bansal	VIII-B
52	Arshnoor Benipal	VIII-B
53	Japji Kaur	VIII-B
54	Manvita Kaur Mahal	VIII-C
55	Bhavya Khosla	VIII-C
56	Subani Singh Jassal	VIII-C
57	Avyukt Nagar	IX-A
58	Navianshika	IX-A
59	Vivaan Bhasin	IX-A
60	Jashan Kumar	IX-A
61	Anahat Kaur	IX-B

62	Divyam Bansal	IX-C
63	Mansimar Kaur	IX-C

ACTIVITIES & PROGRAMMES: COUNSELLING DEPARTMENT 2022-2023

Life Skills and Emotional Health: Mental health is an integral component of health and well-being and influences academic, social and economic outcomes across the lifespan. Having good mental health means being better able to interact with others, function, cope and thrive. Our school has equipped to address children and adolescents' mental health and psychosocial well-being needs. A supportive learning environment is created that safeguards mental health, where all learners feel included, supported and valued.

Remedial Education for CWSNs: Special Education provides a range of educational and counselling services from observations, teacher interactions and awareness programmes, to parental guidance. It aims to provide an intervention for the concerns faced by the special children for example in the field of learning and adjustment. Remedial Education is highly individualized, for example, it takes care of the special needs or disability of an individual child and helps him to develop his potentiality to the maximum. We try to bridge the gap and soothe the deficits by providing children with remedial sessions and counselling sessions to deal with their educational as well as socio-emotional needs. Observations, teacher interactions and awareness programmes, parental guidance had been a few areas that our Guidance and Special Education Department has been instrumental in. These services aid in all round development of CWSNs.

Referral services for diagnosis and CBSE concessions for CWSNs: A diagnostic assessment for the special needs education is produced, in order to help the effective learning process in the inclusive class. CBSE provides students under CWSN category facilities exemptions as per Board's rules during the conduct of CBSE Examinations. We notice and observed child's behaviour over a few weeks and devised an IEP (Individual Education Plan). We then empower parents to support child's learning at home. A step wise process is followed in referring the children for the further formal assessments after the observation sessions, in order to obtain the detailed reports that are accepted in CBSE for getting the children avail the concessions/accommodations.

LSEP and Individualized Counseling Sessions: Life skill education program classes provide essential skills viz Empathy, Gratitude, making informed Choices and Coping with stress etc. These skills play pivotal role in holistic development of our students. We take one on one counseling sessions to engender hope and help, hence kindles right kind of management skills over emotional and behavioral problems.

Career Counselling: Career counselling helps students discover and to identify their best-fit career with workshops on topics subject combinations and career glimpse in various streams, new age careers, profile building and careers in abroad are also conducted to create awareness among students. The team of "WonderSkool" conducts a 'Career Counselling' for classes IX and X. Psychometric testing and one on one career counselling sessions are specifically conducted for class X to empower student in making right choices in selecting streams and careers on the basis of their aptitude, multiple intelligence, interest and personality. Life skills education programme (LSEP) are for the mental health and well-being of as it plays a central role in the life journey as it helps building resilience. Life skill education program classes inculcates essential life skills

Decision Making, Effective Communication, Stress Management, Accountability, Interpersonal Relationship etc. It is incorporated in the school curriculum with the aim of holistic development of students.

Jagriti- Section for children with special needs:

The Jagriti Special Education Section was established on August 1, 2022. There are six students with different special needs enrolled in the class, and each one had an equal opportunity to access the standard curriculum, developmental opportunities, and a learning process that would improve their quality of life. The curriculum has been followed by children in accordance with their grade level. Our counsellors teach these children life skills programs so they can learn organizational skills, ways to care for themselves, and personal hygiene, and many more. Various celebrations and festivities are celebrated by embracing the importance of each culture. The children visit on field trips to various places of worship, and a picnic has also been organised for them. Inclusive education has been the heart of this initiative, which is found on the idea that respects each student's inherent dignity and autonomy, treasures their well-being, and recognises their individual needs and capacities in order to fully participate in society and constructive contribution. Here each child is associated with a general classroom and Educators try and include them in different co-curricular activities.

PROFESSIONAL DEVELOPMENT OF THE STAFF

AMI Trainer visits and Workshops:

- ❖ 19th May - AMI Trainer's visit (Ms. Kamini)
- ❖ 17th and 18th July - Research workshop with AMI Trainer's, VHS 38, Montessori Lower and Upper Elementary, VHS 38
- ❖ 31st August - AMI Trainer's visit (Ms. Kamini, Ms Prabha)
- ❖ 2nd September- Workshop, Montessori Lower and Upper Elementary, VHS 38
- ❖ 22nd December - AMI Trainer's visit (Ms. Kamini, Ms Prabha)

The school keeps its faculty updated on the ever-evolving education landscape through regular training sessions facilitated by the CBSE.

- ❖ Experiential Learning in Practice (Ms. Anju Mehra)
- ❖ Cross Campus-VHS Mohali and Chandigarh
- ❖ Managing Emotions and Happiness in Life By Mr Jagmohan
- ❖ Inclusive Education -Ms Upjinder
- ❖ CBSE Online Training-(Developing e-content for Teaching and Learning-Physics, Chemistry, Biology)
- ❖ Capacity Building Programmes
- ❖ Cyber Parenting- Ms Jaspreet
- ❖ POCSO ACT
- ❖ Cambridge workshops
- ❖ First Aid
- ❖ Holistic Progress Report Card
- ❖ Trinity College of London Workshop

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