



**VIVEK HIGH SCHOOL,  
SECTOR 70, MOHALI**

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CBSE Affiliation Number - 1630713 (Affiliated upto 31/03/2025)

**ANNUAL REPORT 2019-20**

The annual school report is a reflection of our achievements, endeavours, aspirations and activities of the past one year.

**MISSION AND VISION**

Vivek High School endeavours to create a community of 21st Century Learners through a nurturing, stimulating and holistic learning environment, where students are encouraged to develop open mindedness, a spirit of inquiry, creative and critical thinking skills, self and social responsibility. The school collaborates with the community to instil in the students, generosity of spirit and integrity in thought, word and action. At Vivek to be truly educated is to have a deeper understanding of ourselves and of the world around us.

**THE PRINCIPAL:**

Under the able guidance of the Principal Mrs. Nilu Sarin the school is taking strides towards holistic education of the students.

"Building relationships and creating a sense of belonging, ensuring that all students achieve academic growth, creating experiences where students engage in solving authentic and challenging problems, are some of the things we work on.

We endeavour to provide an environment that encourages growth, fosters creativity, exploration and discovery; where children can find magic in the mundane, enjoy the gift of robust laughter, broaden their intellectual, physical and emotional horizons and build a strong sense of integrity, compassion and generosity of spirit. School life must be a quest for meaning that goes far beyond the limitations of conventional curricula, text books and standardised examinations, so that when our pupils leave us they are secure in their abilities, strong in their principles and confident to face challenges!"

**-Ms. Nilu Sarin**

This is where the children start their journey with Vivek High! An 'Environment' that offers every child the opportunity to have the experiences required for education in the true sense.

## OUR MONTESSORI WORLD

### THE MONTESSORY EDUCATION PROGRAM:

VIVEK HIGH SCHOOL, MOHALI INTRODUCED THE MONTESSORI TODDLERS PROGRAMME FROM APRIL 2014 under the guidance of. Ms. Meenu Sahi.

The most important period of life is not the age of university studies but the first one, the period from birth to age six. For this is the time when man's intelligence itself, his greatest implement is being formed. But not only his intelligence: the full totality of his psychic powers... at no other age has the child greater need of an intelligent help and any obstacle that impedes his creative work will lessen the chance he/she has of achieving perfection."

- Maria Montessori, creator and founder of the Montessori Method.

World over, the Montessori method of education is recognised as one which nurtures self-education through self-discovery and self-correction with purposeful work to develop the five senses in children through multi - sensory materials that develop specific skills.

This blends in beautifully with the philosophy and ethos of Vivek High which imparts education by providing opportunities for self-discovery, multiple channels for self-expression and a larger structured environment which encourages independence within it. This pedagogy is essentially a model of human development geared towards nurturing children into more peaceful, respectful and thereby helping to create a gentler, kinder world.

### MONTESSORI ANNUAL DAY -ROGER THAT! -

The Montessori Wing of VHS Mohali presented a Radio show, 'Roger That' as part of their Annual Presentation. Around 250 students aged between 3-5 through the stage show, highlighted issues such as saving rivers and many others. The little students skilfully danced and sang, leading the audience through diverse cultures of India with colorful dances which mesmerized the audience. The content was carefully chosen from the Montessori curriculum and shaped into a perfect theatrical entertainment pack led by Ms. Mugdha Arora.

### CELEBRATIONS AND ACTIVITIES:

Celebrations in the Junior Wing are aimed at making children culturally aware and well informed. It gives the children experiences that enrich their minds and make them open minded and tolerant. The children can be seen partaking langar on Gurburab, celebrating Ganesh Chaturthi, Dussehra, Baisakhi, Easter and thanking their didis on Labour Day.

### The SW Annual Presentation 'THY WORK IS DONE' -

The presentation was staged on 3<sup>rd</sup> August, 2019 by close to 90 Class IX students at VHS 38 Auditorium. It was directed by Ms. Nisha Luthra and Mr. Deepak Luthra. This theatrical production was based on the life of Norah Richards, an Irish playwright, who gave birth to more expressive Punjabi theatre and drama during her 60 years in India and played a pivotal role in the lives of some renowned Indians like Shanti Swaroop and the great legend Prithvi Raj Kapoor.

## **ANNUAL SPORTS DAY -**

Annual Athletic Meet & Field Display 'A Clarion Call...- a spectacular show was organized on the 27<sup>th</sup> & 30<sup>th</sup> November, 2019. The students showcased their sporting prowess, as well as their creative and performing skills. The event commenced with an impressive display of March Past followed by Athletic Events and races. The students also performed mass drills, martial art display, music, theatre and Indo-western dance performances. Close to 1200 students participated in this two-day extravaganza held at the GMADA Stadium, Mohali.

## **CLASS III PRESENTATION - ANNE OF GREEN GABLES -**

The play *Anne of Green Gables* directed by Mr. Vikram Mamik was to be staged on 14th March for which the Dress Rehearsal was conducted but the play could not be staged due to government directives for stopping all large gatherings due to Covid 19..

### **And the journey continues!**

**SENIOR WING:** After graduating from the junior wing- Class III, the children come to the Senior wing. Wholesome development of the child is the prime focus and this is achieved by exposing the students to a wide range of academic and co-curricular activities.

**CRITICAL THINKING AND EXPERIENTIAL LEARNING PROGRAM:** Academic plans are made after thoughtfully scaffolding the curriculum and age and class specific learning outcomes are identified. Developing Higher Order thinking skills and encourage 'Learning by doing' is the main essence of the Academic plans for all Classes from IV-X.

## **EXTRA-ACADEMIC PROGRAMS**

**THEMATIC ASSEMBLIES:** The Class specific thematic assemblies give every child an opportunity to perform before an audience and gain confidence. This year they covered various festivals and other relevant topics from the curriculum. The children conveyed the essence of their topics through dance dramas, songs and poetry recitations before the parents who were invited to school specially for the same.

**IAYP :** The basic structure of the Award consists of 4 mandatory sections Service, Adventurous Journey, Skills and Physical Recreation. There are 3 levels of the Award - Bronze, Silver & Gold. With persistence and dedication of more than six months, 8 children from our school, Prateek Sachdeva, Fiza, Gurnadar, Guntas, Tanish, Jasjeev, Vishwaditty, Zubeen, Shrishti Garg, Danveer Singh and Ansh Chugh have been honoured with the Bronze Award. The children stayed one hour extra per week to serve the community by teaching the poor and destitute and taking up environmental projects.

**MUN: MUN AND DEBATES:** The students participated in Model United Nation Conferences and won prizes and certificates of special mention for their presentations.

1. Saksham Saraswat of Class VIII won the Special Mention Award in VHS MUN (38).
2. Priyanshi Sharma of Class VIII won the Best Position Paper Award in VHS MUN (38).
3. Utkarsh of Class VIII won the Verbal Mention Award in GGSMUN.

**Swachh Bharat:** In furtherance to Government of India's **Swaachh Bharat Mission**, our School has introduced the **Swaachh Vidyalaya Trophy**. It is an initiative to encourage students and teachers of each class to maintain cleanliness and hygiene in their respective classrooms. It is judged by a panel of students and teachers twice a week and compiled every fortnight.

### **VEDIC MATH:**

Vedic Math originates from Vedas which were written about 4000 years ago. AtharvaVeda contains 16 Sutras using which we can solve any mathematical problem, much faster than other conventional methods. The ancient system of Vedic Mathematics was rediscovered between 1912 and 1918 by Sri Bharati KrsnaTirthaji Maharaj(1884 to 1960). Vedic Math helps build a strong base for children in Maths& Science. It converts math haters into maths lovers, reduces finger counting, reduces scratch work and reduces silly mistakes by improving concentration. It reduces the time taken while doing calculations and thus children can get more time for revision during their 3 hour final exam. It is very useful in competitive exams like Olympiads, NTSE, CAT, JEE etc.

### **Extra Marks:**

Vivek High School is proudly empowered with **Extra marks digital learning solutions**. Our e-learning partner offers all concepts prescribed by CBSE in an engaging and interactive manner. Its unique pedagogy ensures concept clarity and application of theoretical concepts in real life based situations for students.

**Robotics and Science Kits:** A well-equipped Robotic lab and Science kits (personal science laboratory) provide the opportunity of experiential learning of the concepts in Science and Mathematics.

### **READING CHALLENGE (BRITISH COUNCIL):**

This programme aims to unravel the pleasure of reading to young minds. It is a children's library venture to give the young members a friend for life. Through this endeavor we plan to introduce children to the world of reading where they can read books, meet new characters and share their journey of reading with the facilitator or the author.

The programme entails:

- Reading of at least six books (minimum number) over a period of six weeks, by all the participants from a collection of popular fiction titles procured by the School library especially for this programme.
- Book reviews
- Assessment for each child
- Certificates and Medals from UK Reading Agency and British Council.
- 2 Workshops on 'Learn English' by British Council trainers.

## **TRINITY:**

It is our endeavour at Vivek High, to aim at the all-round development children and one major step to foster such learning is by arming our students with excellent communication skills. To help the students achieve a more global outlook and expose them to more challenging and innovative ways of learning, it is our effort to incorporate into the curriculum, programmes, which enrich their personality and holistic wellbeing, seamlessly in a nurturing environment. We recognise the importance of Internationalism and to take this a step further we have integrated the TRINITY COLLEGE LONDON EXAMINATIONS & CERTIFICATION IN 'Speech & Drama' and 'Communication Skills' into our curriculum. Trinity College London has remained a leading International Examinations Board since 1877, with establishments in 60 countries. At present, Trinity College London assesses more than 35000 candidates across India. You can visit their website for more details. - <http://www.trinitycollege.com/>

### **Benefits for students**

- eased shyness and stage fright
- fluent public speaking in English
- stronger self-belief and interpersonal skills
- sharper cognitive skills

### **Trinity College London: advantages for your child**

- International education
- contemporary syllabus
- examiners from Trinity College London
- accredited in UK and acknowledged worldwide

## **TRIPS AND VISITS**

- A visit to the National Museum, Sec-10 Chd, was organized for the Montessori Elementary classes.
- Treks and Tours for Classes IV & V to Mashobra, Mapple Camp (HP), for Classes VI & VII to Akshardham & Kidzenia, Noida and for Classes VIII & X to Chail (Koti), Negi Camp.
- A field trip was organized for Mont. Elementary Classes to IISER
- Field Trip to NABI for Montessori Elementary Classes I & II, Class III and Classes VI to VIII was undertaken.

## **ACHIEVERS**

### **Class X toppers:**

92 students of Class X, appeared in the CBSE's Board Examination in March, 2020 and 13 out of 92 students got above 90%. Aadit Mahajann topped the school by scoring 95.8%, Manveer Singh Sekhon scored 95.2% and Tanisha Bahl along with Inaksh Kaur Saran have scored 94.6%. 13 students have achieved above 90% and 32 stand between 80% and 90%.

## **Awardees (2019-20)**

### **Scholar Blazer Awardees-**

<b><i>Name of the student</i></b>	<b><i>Class</i></b>
Palgun Hansaro	VII
Riddhima Bansal	VII
Kyra Ghuman	VII
Rachit Singla	VII
Amreen Kang	IX
Harshveer Sekhon	X
Aadit Mahajan	X
Deevij Bansal	X
Prakriti	X

### **Sports Blazer Awardees**

<b><i>Name of the student</i></b>	<b><i>Class</i></b>
Swanzal	X
Gurnaaz Kaur	IX
Vaishnavi Gupta	VIII
Karman Kaur Chatha	VIII

### **Scholar Badge Awardees**

<b><i>Name of the student</i></b>	<b><i>Class</i></b>
Jenny Singh	IV-C
Satvik Mohit Malhotra	IV-C
Kiyansh Bansal	IV-C
Subani Singh Jassal	IV-B
Parneet Kaur	IV-B
Navna Vasisht	IV-C
Samreen Kaur Dhaliwal	IV-B
Samayra Kanwal	IV-C
Aneekah Rajput	IV-C
Kritvi Bali	IV-C
Taranpreet Singh	IV-B
Manvita Kaur Mahal	IV-B
Arshnoor Benipal	IV-A
Aarya Abhishek Sharma	IV-A
Niyaz Wadhera	IV-B
Bhavya Khosla	IV-A
Aarav Singh Multani	IV-A
Navya Chopra	IV-A
Aditya Nagpal	IV-B
Araena Sodhi	IV-A
Myra Batra	IV-B

Prisha Garg	IV-A
Navianshika Grewal	V-C
Avyukt Nagar	V-A
Vivaan Bhasin	V-C
Anya Singh	V-B
Eveleen Kaur Punia	V-C
Inayat Boparai	V-A
Gagnesh Kaplish	V-A
Saksham Gupta	V-C
Divyam Bansal	V-C
Naitik Jaggi	V-A
Divyaansha Soni	V-C
Shreya Bahl	V-A
Mansimar Kaur	V-C
Jashan Kumar	V-A
Toyesh	V-B
Gursher Singh Dhillon	V-C
Brahmjot Kaur	V-A
Phalgun Hansrao	VI-B
Kyra Ghuman	VI-C
Riddhima Bansal	VI-A
Rachit Singla	VI-A
Priyanshi Sharma	VII-A
Rajbeer Singh	VII-C
Pavneet Kaur	VII-B
Nishhka Jhaveri	VII-B
Japneet Kaur	VII-D
Suvan Arora	VIII-C
Gurnaaz Kaur	VIII-B
Guransh Kaur Saran	VIII-C
Tanya Chaudhary	VIII-B
Amreen Kang	VIII-D
Gurasis Kang	VIII-D
Ajaybeer Singh	VIII-C
Gurvardaan S. Grewal	VIII-A
Yuvraj Singh Rana	VIII-A
Aadit Mahajan	IX-A
Manit kaushal	IX-A
Jeeya Singh	IX-B
Reva Singh	IX-B
Harshveer Singh Sekhon	IX-B
Prakriti	IX-B
Deevij Bansal	IX-C
Akshita Jain	IX-C
Shriya Mishra	IX-C

School also gives awards to students for the following categories -

- 1) 100% Attendance Award
- 2) Value Awards
- 3) Class Toppers
- 4) Subject Toppers
- 5) Best House Academics

### **OLYMPIAD WINNERS (2019-20)**

#### **MONTESORI - GOLD MEDAL AWARDEES**

SOF IEO- International English Olympiad-

- HARGUN KAUR Of Class I- ORCHIDS
- SEERAT KHURL Of Class - II - LAVENDER

SOF IGKO - International General Knowledge Olympiad

- AARISH BANSAL of Class I- LAVENDER
- VEERPARTAP SINGH of Class II - MAGNOLIAS

SOF IMO - International Mathematics Olympiad

- HARKUNWAR SINGH of Class II - MAGNOLIAS
- VEERPARTAP SINGH of Class II - MAGNOLIAS

SOF-NSO - National Science Olympiad

- VIHAAN SACHDEVA of Class I - DAFFODILS
- VEERPARTAP SINGH of Class II - MAGNOLIAS

**\* VEER PRATAP SINGH of Class II- MAGNOLIAS bagged Gold Medal 3 categories- IGKO, IMO & NSO**

#### **CLASS III GOLD MEDAL AWARDEES**

IEO- International English Olympiad-

- HITEE SINGH DADHWAL of Class III-A
- AGRIM KALRA of Class III - B
- HAZEL SINGH of Class III-C

IGKO- International General Knowledge Olympiad -

- AGRIM KALRA of Class III - B

IMO- International Mathematics Olympiad -

- SHUBH KARMAN SINGH ARORA of Class III-A
- HARBAAN SINGH of Class III-B
- PARINAAZ KAUR of Class III-D

NSO- National Science Olympiad -

- MANYA BANSAL of Class III -C

## **SENIOR WING - GOLD MEDAL AWARDEES**

### **1. IGKO - Gold Medal awardees**

- GURTAZ SINGH GILL of Class IV-C bagged GOLD MEDAL.
- PRABHGUN CHAHAL of Class V-B bagged GOLD MEDAL

### **2. IMO - Gold Medal awardees**

- PARNEET KAUR of Class IV-B
- INAYAT BOPARAI of Class V-A
- RIDDHIMA BANSAL of Class VI-A
- UTKARSH of Class VII-B
- DRISHTTI RAJPUT of Class VIII-A
- ARSH LAKSHNI of Class IX A
- TANISH BAHL of Class X-C

### **3. IEO - Gold Medal awardees**

- SATVIK MOHIT MALHOTRA of Class IV-C
- HAR AZIZ PAUL SINGH GILL of Class V-A
- PHALGUN HANSRAO of Class VI-B
- NISHHKA JAVERI of Class VII-B
- AMRIT BIR SINGH MAAN of Class VIII- A
- ANUPAMA SONDHI of Class IX- C
- INAKSH KAUR SARAN of Class X-A

### **4. NSO - Gold Medal awardees**

- ARAENA SODHI of Class IV-A
- NAVIANSHIKA of Class V-C
- RIDDHIMA of Class VI-A
- HARTAJ SINGH BRAR of Class VII-B
- GURNAAZ KAUR of Class VIII-B
- ARSH LAKHANI of Class IX-A
- TANISHA BAHL of Class X-C

**Student Council:** Vivek High students get ample opportunities to hone their leadership skills through different responsibilities and roles. The school has a strong student council which facilitates and inspires the student community and works as a bridge between the school management and the student body. The leadership team is selected through a rigorous process of selection

### **Tilak and Investiture**

Vivek High School truly believes that leadership is a critical aspect of all social endeavours thus, all students must be equipped with the required set of skills. In its quest to accomplish the same, the Investiture Ceremony was held in the school on 30th January, 2020 where the newly elected student council was entrusted with the

responsibility of leading the school with utmost integrity and confidence. The inducted office bearers pledged to uphold the school's values and serve the fellow students, in the presence of the Principal, Vice Principal, parents and staff. The appointed Head Girl, Anupama Sondhi and the Head Boy, Aadit Mahajan along with the School Council students were adorned with badges by the Principal and given charge. The occasion concluded with the Principal, Ms. Nilu Sarin encouraging the students to tap their true potential and march ahead, together as a team.

### **Workshops and trainings:**

Each year several workshops and professional development opportunities are conducted for the faculty and staff of the school.

- 50 CBSE Webinars were attended by Senior Wing Staff Members.
- Extra Marks Sessions were conducted for teachers to learn new features provided,
- Our 3 Physical Education Teachers attended an ONLINE CBSE EXAM and cleared it.
- A webinar on ensuring Emotional Balance and stability by Ms. Manjula Sularia-Life skills Coach & Social Entrepreneur was conducted.
- Adobe Ace Master Classes were organized for Educators.
- Microsoft Professional Team Training for Teachers
- 2 Sports teacher have signed up for a Montessori AMI Programme.
- 10 Montessori teachers are doing AMI Primary Diploma Course.
- 7 teachers have enrolled themselves for the 0-3 age group Assistant Course.
- 4 teachers along with the Principal have enrolled for the 6-12 age group Assistant Course.
- Ms. Ratika from the department of German language went to Germany for a month on a scholarship from Goethe Institute to attend 'Deutschkursstipendien'- a German language course.

**LIFE SKILL AND EMOTIONAL HEALTH:** School Cinema is a well-structured program to inculcate life skills in children. An LSEP program is conducted on weekly basis by well-trained School counselors. Individual help is also provided to the children who are clinically diagnosed with Learning Disability to help them cope with the academic as well as social /peer pressure.

### **ADOLESCENCE EDUCATION PROGRAMME:**

The Adolescence Education Programmes were conducted for the students of Classes VII -IX. Professional resource persons were invited to address the children.

### **APPTITUDE TESTING AND CAREER COUNSELLING:**

School organized different Career Counselling Programmes for the children of Classes IX and X in the session 2019-20. Mr. Saurabh and his team from Wonderskool conducted the workshops for **students**.

**Sporty Sphere:** Fitness matters! Ample opportunities are available to the students to play and stay fit. To keep the competitive spirit ignited, Inter and intra school competitions are held from time to time. Some prominent ones are listed below:

In House & Zonal Sports Tournaments.

### **BSMT (Inter school basketball tournament Hosted by VHS) BHAGWANT SINGH MEMORIAL TOURNAMENT**

A Vivek High School initiative, BSMT acknowledges the significance of sports in this fast changing, and dynamic world and has always been instrumental in spotting young and bright sportsmen, and providing them a platform to exhibit their flair for the game of basketball. This spectacular week long tournament, wherein a total of 600 aspiring sportsmen from schools sprawled across the tricity competed for the coveted trophy, culminated on 19<sup>th</sup> Oct., 2019 with the final matches and the Award Presentation Ceremony. There were 6 categories for the prizes and all well contested; almost battled for, with very close margins between the winners and runners up. Besides being known for this exceptional initiative of bringing together schools from the tricity, Vivek High is also recognised as being one of the most prolific supporters when it comes to giving back to society, by taking up the responsibility of providing for the moral and social needs of the underprivileged. Carrying forward the same legacy, Vivek High School, Mohali presented a cheque of Rs. 10,000 each to 5 NGOs Sahaayata, Aayam, Prasanchetas, Gur Aasra and Help Age, with the hope of establishing an everlasting bond between VHS, the participating schools and the beneficiaries of the initiative.

### **EVA (Ex Vivekite Association) VS VHS basketball match-**

EVA (Ex Vivekites Association) and current Vivek High students get together once every year for a friendly Basketball Match. EVA v/s VHS students friendly match was held on 29th Dec, 2019 at our Campus in Mohali. Around 100 EVA Students participated. The match was star-studded by Ex Vivekites Jashan Bahra and Jaskaran Brar, the national level players. It was a day filled with fun and joyful memories to cheer with Ex Vivekites and the teachers. Refreshment were served and our honorable Principal Mrs. Nilu Sarin motivated all the student & wish them good luck

### **Morning and Afternoon Clubs**

Students have a wide variety of activities to choose from. The school provides a wonderful environment in which students can discover their talents. As per the CBSE requirement the school has a broad range of skills and activities to offer to the students. From Classes IV to X, these special activities are imparted on Thursday and Friday afternoons every week. - Bhangra • Salsa • Kathak • S.C Club • Art and Craft • Vocal singing • Guitar • Photography • Zumba • Editorial • Band • Theatre • Puppetry • Casio • Sketching and Painting • Food Craft • IAYP • NASA • MUN- to name a few. There is a wide variety of morning clubs, which start the Vivek day on an interesting and happy note.

Constantly striving for excellence....